



Salsa Basics

Odeliz Rodriguez De Santiago

Salsa

Salsa is a popular Latin dance style that originated in the 1960s-70s, between New York and the Caribbean, particularly in Cuba and Puerto Rico.

Salsa incorporates elements of Afro-Cuban dances, jazz, and other Latin dance styles.

Today's typical salsa band features a rhythm section of bass, piano, congas, bongos, and timbales, a horn section of variable size, and one or more singers.



Salsa

Salsa is danced to lively and upbeat music with a distinct rhythm known as "la clave."

It is important to listen to the music and stay in sync with the clave rhythm to maintain the flow of the dance.

The clave can be 2-3 or 3-2.





Target Audience

Learners are adults looking to learn to salsa dance.

Learners are choosing to take this course; it's an elective.

Subject Matter Experts

Our subject matter experts shed light on the history of salsa and how it came to be.



Salsa Artists

- Frankie Ruiz
- El Gran Combo
- Héctor Lavoe
- Celia Cruz
- Gilberto Santa Rosa
- Marc Anthony
- Victor Manuelle



Salsa Basics

Instructional Video



Instructor will demonstrate what the “clave” is and how to find it.

Instructor will demonstrate the basic steps of salsa dancing.

Instructor will start with a slow demonstration and work the way up to dancing along to the real-time music.

Instructional Video Completion

By completing this elective course, learners will be able to demonstrate their new salsa skills and share basic knowledge of how salsa came to be.



